



SYLLABUS COVERAGE TO ADD-ON FROM PART 1 涵盖审查要项的第一部份并在之上加添范围		PRE-REQUISITES 须符合条件	MOVEMENT 转动动作	IKKYO 一教	NIKYO 二教	SANKYO 三教	YONKYO 四教	GOKYO 五教	IRIMINAGE 入身投	SHIHONAGE 四方投	KOKYUNAGE 呼吸投	TENCHINAGE 天地投	KOTEGAISHI 小手返	KAITENNAGE 回转投	JUJINAGE 十字投	JIYUWAZA 自由技	JO WAZA 杖技	KEN WAZA 剑技	
BLACK SILVER 2nd KYU BLACK 2nd KYU BROWN-GOLD 3rd KYU BROWN-SILVER 4th KYU BROWN 4th KYU BLUE-GOLD 5th KYU BLUE-SILVER 6th KYU	- Between 4 - 6 months of regular practice after obtaining 6th Kyu (Blue)	- Yokomenuchi Irimi-Tenkan - 侧面打 入身反转	- Katadori Omote - 肩取前	- Katadori Aihanni Omote - 肩取前	- Katadori Aihanni Omote - 肩取前	- Katadori Aihanni Omote - 肩取前	- Katadori Aihanni Omote - 肩取前	- Katadori Aihanni Omote - 肩取前	- Katadori Aihanni Omote - 肩取前	- Katadori Aihanni Omote - 肩取前	- Katadori Aihanni Omote - 肩取前	- Ryotedori Ura - 两手取后	- Ryotedori Ura - 两手取后	- Ryotedori Ura - 两手取后	- Ryotedori Ura - 两手取后	- Ryotedori Ura - 两手取后	- Katadori Aihanni 6 different throws - 肩取 6种不同丢法	- Morotedori Nage holding Jo 4 basic throws - 诸手取 取方置杖 4种基本丢法	
	- Between 4 - 6 months of regular practice after obtaining 6th Kyu (Blue-Silver)	- Yokomenuchi Irimi-Tenkan - 侧面打 入身反转	- Katadori Ura - 肩取后	- Katadori Ura - 肩取后	- Katadori Ura - 肩取后	- Katadori Ura - 肩取后	- Katadori Ura - 肩取后	- Katadori Ura - 肩取后	- Katadori Ura - 肩取后	- Katadori Ura - 肩取后	- Katadori Ura - 肩取后	- Katadori Ura - 肩取后	- Katadori Ura - 肩取后	- Katadori Ura - 肩取后	- Katadori Ura - 肩取后	- Katadori Ura - 肩取后	- Katadori Aihanni 8 different throws - 肩取 8种不同丢法	- Defence against Jo Tsuki Attacks 2 basic defence - 对杖攻的防守 2种基本防守	
	- Between 8 - 10 months of regular practice after obtaining 5th Kyu (Blue-Gold)	- Ryotedori Irimi-Tenkan - 两手取 入身反转	- Suwariwaza Katadori - 坐技肩取	- Suwariwaza Katadori Aihanni - 坐技同手取	- Suwariwaza Katadori Aihanni - 坐技同手取	- Suwariwaza Katadori Aihanni - 坐技同手取	- Suwariwaza Katadori Aihanni - 坐技同手取	- Suwariwaza Katadori Aihanni - 坐技同手取	- Suwariwaza Katadori Aihanni - 坐技同手取	- Tsuki - 拳击	- Ryotedori - 两手取	- Ryotedori - 两手取	- Katadori Gyakuhanni - Tsuki - 反手取 拳击	- Katadori Gyakuhanni uchi + soto - 反手取 内+外	- Ryotedori - 两手取	- Ryotedori - 两手取	- Ryotedori - 两手取	- 1 to 3 of 7 Ken Suburi - 7剑式的1至3	
	- Between 8 - 10 months of regular practice after obtaining 4th Kyu (Brown)	- Morotedori Tenkan - 诸手取 反转	- Tachiwaza + Suwariwaza Shomenuchi - 立技+坐技 正面打	- Tachiwaza + Suwariwaza Shomenuchi - 立技+坐技 正面打	- Tachiwaza + Suwariwaza Shomenuchi - 立技+坐技 正面打	- Tachiwaza + Suwariwaza Shomenuchi - 立技+坐技 正面打	- Tachiwaza + Suwariwaza Shomenuchi - 立技+坐技 正面打	- Tachiwaza + Suwariwaza Shomenuchi - 立技+坐技 正面打	- Morotedori - 诸手取	- Morotedori - 诸手取	- Morotedori - 诸手取	- Morotedori - 诸手取	- Katadori Aihanni - Shomenuchi - 同手取 正面打	- Katadori Aihanni uchi + soto - 同手取 内与外	- Morotedori - 诸手取	- Morotedori - 诸手取	- 1 to 5 of 7 Ken Suburi - 7剑式的1至5		
	- Between 8 - 10 months of regular practice after obtaining 4th Kyu (Brown-silver)	- Yokomenuchi - 侧面打	- Yokomenuchi - 侧面打	- Yokomenuchi - 侧面打	- Yokomenuchi - 侧面打	- Yokomenuchi - 侧面打	- Yokomenuchi - 侧面打	- Yokomenuchi - 侧面打	- Yokomenuchi - 侧面打	- Hanmihandachi Katadori Gyakuhanni - 半坐半立 反手取	- Yokomenuchi Katadori - 侧面打 正面打	- Yokomenuchi Katadori - 侧面打 正面打	- Shomenuchi - 正面打	- Shomenuchi - 正面打	- Yokomenuchi Shomenuchi - 侧面打 正面打	- Yokomenuchi - 侧面打	- 7 Ken Suburi - 7剑式		
	- At least 12 yrs old (by year) - Between 8 - 10 months of regular practice after obtaining 3rd Kyu (Brown-Gold) - 至少12岁(按年份) - 考获3级(咖啡金)后定期练习8至10个月	- Ushiro Ryotedori - 后两手取	- Ushiro Ryotedori - 后两手取	- Ushiro Ryotedori - 后两手取	- Ushiro Ryotedori - 后两手取	- Ushiro Ryotedori - 后两手取	- Ushiro Ryotedori - 后两手取	- Ushiro Ryotedori - 后两手取	- Ushiro Ryotedori - 后两手取	- Hanmihandachi Ryotedori - Hanmihandachi Morotedori - 半坐半立 两手取 - 半坐半立 诸手取	- Tsuki - 拳击	- Tsuki - 拳击	- Tsuki - 拳击	- Tsuki - 拳击	- Shomenuchi - Tsuki - 正面打 拳击	- Shomenuchi - Tsuki - 正面打 拳击	- 1 to 3 of 7 Jo Suburi - 7杖式的1至3		
- Between 8 - 10 months of regular practice after obtaining 2nd Kyu (Black) - 考获2级(黑)后定期练习8至10个月	- Shomenuchi - 正面打	- Yokomenuchi - 侧面打	- Yokomenuchi - 侧面打	- Yokomenuchi - 侧面打	- Yokomenuchi - 侧面打	- Yokomenuchi - 侧面打	- Yokomenuchi - 侧面打	- Shomenuchi - 正面打	- Yokomenuchi - 侧面打	- Yokomenuchi - 侧面打	- Yokomenuchi - 侧面打	- Yokomenuchi - 侧面打	- Yokomenuchi - 侧面打	- Ushiro attacks - 后取	- Ushiro attacks - 后取	- 1 to 5 of 7 Jo Suburi - 7杖式的1至5			

### NOTES FOR APPLICANTS OF CHILDREN GRADING

- Applicants must be Aikido Shinju-kai members for at least 3 months with updated membership fees.
- Applicants must ensure they have fulfilled all pre-requisites at the time of submission.
- Applications must be accompanied with:
  - proof of training sessions & time period
  - Membership book (with current year membership fees paid)
  - Grading fees
- Applications must be submitted 2 weeks before Grading. There will be an additional administration charge for late submissions.
- All applicants age 5-12 (by year) are to submit for Children Grading; applicants age 13 and above (by year) are to submit for Adult Grading.
- Applicant's participation in endorsed seminars or camps will be taken into consideration for approval.

### 儿童审查申请者须注意要点

- 申请者必须是合气道心柔会会员至少3个月及拥有有效的会员卡。
- 申请者必须确保在提交申请时已符合审查条件。
- 提交申请时须有:
  - 练习次数和时段证明
  - 会员册(确保今年的会费已缴交)
  - 审查费
- 申请必须在审查前2个星期提交。
- 5-12岁(按年份)的申请者归儿童审查; 13岁以上的申请者归成人审查。
- 申请者参与获批准的研习班或训练营将被列入批准的考虑范围内。

**SYLLABUS PART 2 OF 2**  
**审查要项2之2**